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# LONGEVITY CIRCUIT

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Perpetuating techniques which contribute to a longevity lifestyle

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## Communication

*(Communication is the act or process of using words, sounds, signs, or behaviors to express or exchange information, ideas, thoughts, or feelings between individuals. It involves a sender, a message, and a receiver, and can occur through verbal or nonverbal means.)*

**H**uman beings, being innately social creatures, have yearned for better means of communication since time immemorial. It seems to me that the most significant difference between humans and all the other species on the planet is how we communicate. Yes, I know animals have some sort of psychic ability (as do humans: we have documented evidence that native peoples, like the aborigines of Australia and the American Indians, were able to communicate psychically) but humans have an outward form that is unique: we talk and write. And the way we are communicating now is amazing, wonderful, horrible, and scary!

That incessant craving served primarily as a catalyst for the invention of the telephone by Alexander Graham Bell in 1876. I have erected that chart and compared it to the US chart. The three noticeable energies in the invention chart are the **Moon conjunction Uranus** and **Mercury in Aquarius**, all good; but also **Jupiter square Saturn**, not so good. When I compared the two charts (the US chart and the invention chart) I was amazed: the first energy falls in the 6th house of

work and is very positive, the second conjuncts the ascendent, and the third shows a difficult reaction to general communication affecting one's general and religious belief systems. But there is a 4th: the invention chart's **Pluto fell in the US chart 3rd house** of communication indicating radical change in communication. (You must know by now from reading this newsletter that Pluto is "bipolar" because it can bring the best or the worst). The die was cast and here we are, looking at the amazing advances AND the subsequent problems. (you can view this chart on the last page).

Bell's first phone had a wire to a receiver in the back of the house. Wires are ruled by Mars and Uranus and wires give us networking, and networking allows us to communicate almost everywhere. But to communicate **everywhere** we also needed radio, the "wireless." Marconi invented that in 1896, then came the transistor in 1947 and finally the Russians created the satellite Sputnik in 1957!

We can thank **Pluto in Aquarius** for this current wide spread phenomena. Here we are in a world of 'platforms' designed to entertain and enable contact with friends or

others of likemindedness. The top nine platforms have over a billion users each and four of the top nine are owned by Facebook! (A list can be found on the last page.)

And each of these platforms, as you no doubt know, reference hundreds of thousands of subjects, can be informative and deceptive, full of conspiracy theories, or intended to teach. Remember that Aquarius is the water bearer, she pours out her information indiscriminately to be used for better or worse. No one can say that we have not benefited enormously by the Internet, but we are also finding its rampant misuse. For instance, in a letter to editor in the April 14th issue of *The New Yorker* magazine, a Hollywood film director wrote that “Many or most audiences are ‘second screening’ when they watch a film because they are engaged with their smart phones while watching and listening whether in the theater or at home.” We have noticed that movies are dumbed down so we rarely go anymore, but the less educated and children primarily are the ones that are hurt by being baby fed mis-information and dis-information. (The irony of it is, on the other hand, that children are becoming much more educationally eloquent in the areas of electronics, computers, and technology in general.

Pluto will be in Aquarius until 2044! And during that time it will return to its original place in the US chart’s 12th house next year, conjoining Mars in 2029 and crossing the Ascendent sometime in the mid 2030’s (the exact time of the US chart is unknown). We are approaching a time similar to the Revolutionary War in which the colonists rebelled against the prohibitions of England,

how will our advancements in communications at this similar time help us... or hurt us?

Now let’s look at what kind of a communicator you are. You need to look at MERCURY and the sign it is in. Mercury also tells us how you learn or what you are interested in. It is the fastest moving planet because it is closest to the Sun and that is good because over the years as Mercury moves through the signs you are able to develop other ways of accessing information as well as developing new areas of interest.

**If your Mercury is in:**

**Aries:** Quick, imaginative may jump to conclusions and an active mind

**Taurus:** Opinionated, prepared, a comfortable way of thinking.

**Gemini:** Quick active mind, often witty and charming, but changeable

**Cancer:** Picks up other people's feelings easily, seems to have an intuitive mind.

**Leo:** Thinks with its heart, outspoken, and optimistic. Likes to lead and be creative.

**Virgo:** Very logical and precise, refined and analytical, a quick learner.

**Libra:** Very balanced in thinking, likes to look at both sides of an issue, often diplomatic and charming.

**Scorpio:** Probing, often quick to judge, sees through other people's deceptions.

**Sagittarius:** Frank and open-minded, likes new ideas, a seeking mind

**Capricorn:** Very practical and organized, cautious, continues to hold onto ideas.

**Aquarius:** Quick at grasping abstract ideas very scientific, original and unorthodox.

**Pisces:** Tends towards intuitive thinking, very imaginative, easily swayed, often pessimistic but reflective.

# Summer Calendar

**T**he Summer Solstice occurs on Friday, June 20th when the Sun enters Cancer. It should be a nice day with the Moon in Taurus making nice with Mars and Jupiter.

## **Pluto at 3° Aquarius**

went retrograde early last month. We are just now beginning to see what this planet has to offer and much of it is not so good. If indeed we are entering the “Aquarian Age,” then Pluto must break down all the existing barriers to dignified living. Well, we’ve got 30 years to find out!

**Neptune went into Aries** on the last day of March and will get to 4° before it retrogrades back to 1° later in the year. It has been really difficult with Neptune in its own sign with no inhibiting factors to keep it in check. We’ve seen too much homelessness, too much paranoia, and too much addiction. Hopefully some solutions will be effected by the energy of Aries which will diminish much of the passivity of Neptune. (To be fair, Neptune has wonderful potential as do all the signs, but its spiritual capacity is better suited to individual growth rather than erecting homeless shelters.)

**Uranus is presently at 29° Taurus** and will make a brief entrance into Gemini before turning retrograde in early September. This has not been the best place for Uranus these last 7 years because Taurus is practical and earthy while Uranus is unpredictable, creative and intuitive.



Entering the air sign of Gemini will give more berth to its creativity and undoubtedly bring many advances to AI.

**Saturn** which has been traveling with

Neptune the last couple of months has also **moved into Aries**. It will retrograde in mid July at 1° and briefly return to Pisces. Saturn can be very helpful to the impulsive energy of Aries by giving it substance and practicality. It is also good for new businesses and starting a business.

Earlier this month **Jupiter entered Cancer** and will reach 21° by the end of the summer calendar. This can be a pleasant change from too much talking to more emphasis on the family, and good for all the students on summer break. Time to remodel, buy, get married and have a family.

And finally, **Mercury turns retrograde** on July 18th at 15° Leo. Remember this apparent backward motion, due to the closeness of the planet to the Sun, gives us the necessary opportunity to review important matters and to check the facts. That is why it is so useful for reviewing travel plans. It turns direct at 4° Leo on August 10th. I want to remind you that some astrologers recommend being careful for several days before and after. Check it out and let me know what experience you have had. Have a great summer enjoying your script and look for the next Longevity Circuit on September 22nd!

## Major Communications Platforms

- Facebook - 3 billion
- YouTube (Google) - 2.5 billion
- WhatsApp (owned by Facebook) - 2 billion
- Instagram (owned by Facebook) - 2 billion
- TikTok (China) - 1.5 billion
- WeChat (China) - 1.4 billion
- Messenger (owned by Facebook) - 1 billion
- Telegram (UAE) - 1 billion
- LinkedIn (Microsoft) - 1 billion

## Adano Audio / Video Recordings

After 30+ years of collecting, transferring, cleaning up, and archiving Adano's videos and audios, they are now ALL available online for the first time on Adano's YouTube page (<https://www.youtube.com/c/AdanoLey>). If you have anything of Adano's that needs to be archived, send it to Paul. In addition to Adano's website, Adano is also on Facebook. Your own copy of the Adano archives is also available, please contact us for details.

