

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

The Election

Well you are probably wondering, as an I, what does Astrology have to say about the election? Click [here for Kamala's](#) chart and [here for Donald's](#).

Kamala Harris is a Libran, born during the Full Moon, so her Moon sign is Aries. This accounts for her high energy, her personableness, and her ease at confrontation. Full Moon people tend to favor one side (Moon or Sun) over the other. In Kamala's case it would seem to be her profession (Sun) over her "motherliness" (Moon). It appears she is childless by choice, being quite satisfied with step-children. Her Ascendant is in Gemini, giving her the gift of the gab, readiness to converse and easily talkative, but also changeable and forgetful of what has been said. Because of her education in Law, she appears to have that reined in. Her Saturn in Aquarius conjuncts the Aquarius



Midheaven, an excellent configuration for someone wishing to be president! This alignment characterizes ambitious people who succeed through hard work. It is very well aspected with a trine to her Sun and Mercury, indicating honesty and responsibility. In politics this energy is found

to be conservative, and already she is indicating a different approach than we have seen with Biden. Saturn and the Sun also trine her Ascendant. A grand trine is not very common and bodes well for her success as it indicates maturity and responsibility. Her Jupiter in Taurus is in the 12th house

indicating a positive attitude and desire to help people. She may have a strong intuition, make friends out of enemies, and have good karma from the past!

Donald Trump is a Gemini also born during the Full Moon. Like Kamala's Libra, it is also an air sign, and conjuncts Kamala's

Ascendent! (There is strong Karmic energy between these two!) Trump's Moon is in Sagittarius and trines Mars and his Sun conjuncts Uranus giving him the bombastic energy and spontaneous hyperbole he is so famous for! Again, we see the Full Moon energy favoring the Sun and neglecting the Moon's: in this case his well-publicized disregard for women's rights, which is intensified by his Leo Ascendent, showing his "me first," theatrical, imaginative personality. Like Harris, Trump also has planetary energy in his 12th House of the unconscious. But he has two planets: Mars in Leo conjuncts the Leo Ascendent causing his anger and obsessive need to be seen and heard. And he also has Pluto in Leo (this placement is traditionally called the "me-first" generation, and includes all those born between 1937 and 1958). Pluto in the 12th house indicates a need to heal the unconscious as well as a sensitivity to the feelings and motives of others such that he wants (as he has publicly said) to take action against those whom he dislikes. He has an interesting trine from the career 10th house Uranus-conjunct-Sun to Jupiter in Libra in the 2nd house of money. This shows how Trump is able to skedaddle out of so many illegal and immoral financial situations.

Who will win? That's a good question! Astrologers are of mixed opinions and they all can make a good case from their research. One of the problems is that the planet that rules elections is Uranus and Uranus by definition is unpredictable! Yes, it rules large groups of people, but its energy is often disruptive and unexpected. Its benefits are largely determined by the maturity or lack

thereof of the person receiving its energies. Detachment is necessary as well.

The famous astrologer and author Robert Hand describes Uranus well:

"Uranus is a force of nature that acts outside human nature.....Some people embody Uranian energies for society as a whole. They exist to challenge society's outworn structures and bring about change. Depending on the orientation of those who view them, they may be feared as dangerous revolutionaries or admired as reformers. Clearly, the more Saturnine elements of society, the reactionaries and conservatives, will feel threatened. Society can be like the individual who exacerbates a Uranian crisis by trying to prevent it from manifesting. If society resists too successfully, the Uranian element goes underground and bides its time. Meanwhile, the culture goes into a period of stagnation, only to erupt later on. The peculiar apathy of the nineteen fifties came partly from stifling Uranian energies during the early fifties' anti-Communist hysteria. But the Uranian energies then erupted much more strongly in the sixties. In the seventies another period of deadness settled over America. Was this also the result of stifling Uranian energies, and will it cause more violent eruptions in the future?"

Another problem is that 4 of the 5 major planets are retrograde. Retrograde means that a planet is apparently turning backward due to a visual illusion. It's a review time, a reconsidering; definitely not a time to make a major decision, as in an election. And a third problem is that the two candidates have karma with each other, and strong interactions between their charts and both are affected by current transits. Transiting Uranus conjuncts Trump's MC, AND Harris' Jupiter. Transiting Jupiter conjuncts Trump's Sun, AND Harris' Ascendent.

All I can say is, VOTE! And encourage every one you know to do so as well!

Autumn Calendar

The Autumn Equinox begins on Sunday, September 22nd at 6:44 am in Santa Fe as the Sun enters Libra. At this time there are 4 outer planets retrograde. **PLUTO** made it to all the way to 2° Aquarius this summer before turning backward into Capricorn. No one alive has experienced Pluto in Aquarius, (nor had we experienced Pluto in Capricorn, either) but we can look to history to give us some idea of its new energy. The Revolutionary War for freedom from England happened around this time and the war was won when Pluto reached 4° Aquarius. In a way we are in a political war and perhaps when Pluto again reaches 4° in 2026 we will see some restitution of the anguish in our divided country. Pluto will turn direct on October 12th at 29° Capricorn. The thing you need to remember about Pluto, as revolutionary has this energy may be, is that it is currently moving very, very slowly, such that transits can be delayed as much as 10 years! Pluto is the farthest planet from the Sun, its energy goes so deep into the psyche that its influence is often not felt for years.

NEPTUNE is another slow moving planet and also retrograde and will be so until the first week of December. Whole books have been written about Neptune because it is the hardest energy to define! It is well depicted by the two fish swimming in opposite directions! Illness and disease, jails and ashrams, a drop of water in the ocean, saints and sinners! It has been moving through the first house of the people in the U.S. chart for years and symbolizes the dichotomy of our populace. For example. the super rich and the increasing numbers of the homeless, remarkable healing drugs with prices too high to afford them. Neptune doesn't move into Aries permanently until March of 2022.



URANUS will continue to be retrograde for the rest of the year. Read Hand's description above. Uranus is also responsible for technological advances such as AI and all the controversy around it.

SATURN is the 4th retrograde planet and has been all summer. It moves direct after the election in mid November, but will remain in Pisces through the rest of the year. That's a tough place for Saturn, the energy of control located in the sea of the unknowable, Pisces. Values are changing, the future looks unpredictable, and as Saturn gets closer to Neptune, paranoia increases.

In early October (Oct. 9th) **JUPITER** will join the other retrograde planets bringing the number to 5, but only for a few days, as Pluto turns direct on the 12th. Jupiter in Gemini is dualistic. The news informs us that voters are divided 50-50 for the two candidates. With Jupiter looking back, so to speak, in a review mode, that could change. Jupiter remains retrograde for the rest of the year.

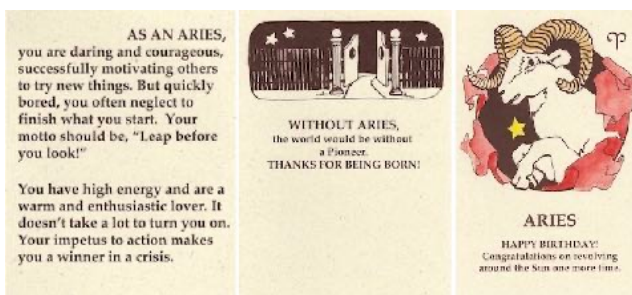
The next **MERCURY** retrograde will occur on the 25th of November until December 15th. That will include Thanksgiving on the 28th so be sure to review and reflect on your plans. And as I've said before, some astrologers add a couple of days before and after to the caveat. The common thing I have noticed over the years is problems with communication devices: computers and phones, mail, etc. And many people have commented on travel problems: lost bags, reservations, etc. Always take a carry-on with essentials.

On December 21st, look for the next issue of Longevity Circuit!

“Now Man does not know he is Soul in pure consciousness. He always thinks he has a Soul from the structural point of his mechanism so his structural mechanism will say “I am” and when it says “I am” it is saying that it is separated from a higher principle and this higher principle is attached to it like a tail attached to an animal. But if the ego in the structural form is subdued and placed to rest or relaxed, then the I AM-ness the higher consciousness which is Soul, begins to pass through. This is the first experience of illumination. This is the awakening of Samadhi to see beyond the five senses, but we’ll have our five senses to work with. It is one of the most frustrating and yet most elevating tools that the Creative Intelligence has devised in order to maintain a linkage between the pure consciousness and the stepped down consciousness in the form of matter. You see? What a wonderful alliance, what a wonderful framework of action occurring between structural matter and pure consciousness - that this one pure I AM consciousness, this one I AM experience maintains itself and it’s this I AM that is constantly driving, probing, pushing for the outward realization.” A.L.

Astrological Birthday Cards

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“Our republic should learn this lesson, for we might one day vote into power a hero who wins a giant TV trivia contest and educate our children to believe the Information Superhighway is the road to knowledge. If one clue to psychopathy is a trivial mind expressing itself in high-sounding phrases, then education emphasizing facts rather than thinking, and patriotic, politically or religiously correct “values” rather than critical judgment may produce a nation of achieving high school graduates who are also psychopaths.”

(A prophetic quote from James Hillman’s book *The Soul’s Code* which was written in 1997 when Pluto had gone into Sagittarius)

Adano Audio / Video Recordings

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Your own copy of the Adano archives is also available, just send Paul a 64GB USB flash drive and include return postage. The archives have been cleaned up as much as possible with today’s technology and Paul is constantly reviewing the newest technology to see if they can be improved even further. It’s an amazing body of work in Adano’s own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano’s that needs to be archived, send it to Paul. In addition to Adano’s website, Adano is also on [Facebook](https://www.facebook.com).